

TAKE ACTION

Niagara Poverty Reduction Network *Individuals*



- Continue to educate yourself on poverty issues
- Speak out when you hear poor bashing comments and take steps to correct misinformation
- Find an issue that really speaks to you and get involved, e.g. housing, social assistance reform
- Sign a petition encouraging policy change
- Write a letter to the editor to raise awareness of poverty issues
- Have an informed discussion with your local politicians
- Donate your time, talents, money and/or goods to community organizations that support families and individuals in need
- Volunteer at school nutrition programs, literacy and library programs
- Start or participate in a children's clothing or sports equipment swap
- Start a community garden in your area